

*Please note that the following details were correct at time of print (Spring 2018) but are subject to change. Refer to our website for updated information.*



**FREE gardening and food growing sessions** - Join our practical food growing and gardening workshops in our community garden 10am–1pm every Friday and 1pm–3pm every Saturday. We partner with Bonny Downs Foodbank to grow food for our neighbours in need. You don't have to have previous experience. Light refreshments, gloves and tools are provided.

**FREE inter-faith celebration events** - Throughout the year, our team of local volunteers organise events in our community garden so residents can learn about different cultures and celebrate with one another. This year we will be hosting celebrations for Eid, Diwali and Christmas. Check out [www.bonnydowns.org/food](http://www.bonnydowns.org/food) for upcoming event dates!

**Outdoor Classroom** - Our community garden is a perfect place for local primary school children to learn about food, nature and sustainability. Our bespoke lesson packages teach practical food growing and craft skills and explore topics such as mini-beasts, plant lifecycles and recycling. Schools can book a free taster session by emailing [food@bonnydowns.org](mailto:food@bonnydowns.org).

**Construction workshops and gardening courses** - We work with the Purpose and Belonging Project to run building skills sessions from 9:30am - 1:30pm on Thursdays (from May - October 2018) and also offer accredited gardening courses throughout the year. These learning opportunities are open to everyone but particularly welcome homeless/vulnerably housed people in Newham.

*In partnership with...*

